



## DEGREE PLAN

*\*\*The courses listed are for this specific program and are in addition to the general education courses required for all students. See the reverse side or go to [snu.edu/gen-ed](http://snu.edu/gen-ed) for more information on those courses.*

### YEAR 1

Foundations of Occupational Therapy  
Introduction to Biological Sciences  
College Algebra  
Low Extremity Injury Rec/Eval of the Phys Active  
Up Extremity Injury Rec/Eval of the Phys Active

### YEAR 2

General Psychology  
Teach/Perform Weight Training  
Human Anatomy and Lab  
Human Physiology and Lab  
Terminology for Health Professions  
Pre-OT Clinical Experience I  
Pre-OT Clinical Experience II

### YEAR 3

General Chemistry I  
Gen. Chemistry II or Adv. Biology course  
Developmental Psych Across the Lifespan  
Therapeutic Modalities  
Statistical Methods  
Therapeutic Physical Rehabilitation  
Psychology of Personality

### YEAR 4

General Physics I  
Biomechanics or Structural Kinesiology  
Exercise Physiology  
Internship I  
Introduction to Neuroscience  
Elective

## SCHOOL OF KINESIOLOGY

# PRE-OT

— FOUR-YEAR PLAN —

### ABOUT

The School of Kinesiology offers two pre-professional degrees for those seeking future careers as physical or occupational therapists. Each of these degrees will ensure students have completed all pre-requisite courses for graduate schools within Oklahoma and for most graduate schools in the country. These pre-requisites are complemented by courses rooted in kinesiology to provide students with a foundation in biomechanics, exercise physiology, neuroscience, and the evaluation and treatment of orthopedic injuries and conditions. Students are also immersed in clinical internships to learn by experience in their respective fields. These clinical rotations allow students to experience a hands-on, real-life approach to the profession and aid in accruing necessary observation hours for graduate school applications. These programs are designed for students interested in health and wellness, movement/biomechanics, helping others, or rehabilitation across the lifespan as they prepare for a future in allied health professions.





# GENERAL EDUCATION

General Education forms the foundation of every student's academic journey at SNU. As a Christian liberal arts university, we are committed to equipping students with the knowledge, values, and skills essential for their development as both thoughtful Christians and engaged community leaders. Our General Education curriculum is intentionally designed to be both comprehensive and flexible—allowing students to pursue their individual interests while ensuring they graduate prepared for lifelong learning, service, and growth.

The General Education program consists of approximately 51 credit hours that introduce and develop important skills such as the:

- Importance of thinking critically and solving problems
- Ability to communicate effectively
- Appreciation of human creativity
- Importance of science and technology in the 21st century
- Power of social responsibility in our community
- Awareness of global diversity
- Role of our Christian faith in daily life

Students take at least one foundational course and one upper-level windows course in each of these areas.

Central to SNU's mission is the engagement of students in transformational learning experiences designed to explore what it means to seek truth together with a Christ-centered community of scholars.

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## YEAR 1

- Composition I & Composition II
- Introduction to Speech
- A foundation course in Social Responsibility
- A foundation course in Science & Technology
- Christian Faith & Life

## YEAR 2

- Modern World
- Aesthetics
- A foundation course in Critical Thinking & Problem Solving
- Old Testament or New Testament Literature & Life

## YEAR 3

- A windows course in Social Responsibility
- A windows course in Effective Communication
- A windows course in Science & Technology
- A windows course in Critical Thinking & Problem Solving

## YEAR 4

- A windows course in Global Perspectives
- A windows course in Artistic Expression
- Foundations of Christian Belief