



DIVISION OF SOCIAL AND BEHAVIORAL SCIENCES

PSYCHOLOGY

— FOUR-YEAR PLAN —

ABOUT

The mission of the Southern Nazarene University Department of Psychology and Counseling is to partner with the university and students for the sake of developing persons who embody compassion, patience, presence, curiosity, thoughtfulness, and imagination. As a university rooted in the Wesleyan theological tradition, we invite our students to live relationally, to embody service and social justice, to use empirically sound methods, and to reflect thoughtfully about self, others, and creation. Our approach to education is driven by our mission. Our primary goal is to prepare students to make impacts on both the local and global level, while simultaneously preparing them for life after graduation. Within our program, embodying compassion, patience, presence, curiosity, thoughtfulness, and imagination is an action statement. As such, we believe strongly in our faculty and students actively engaging in reconciling ways with our communities. To that end, students routinely have opportunities to participate in service-oriented experiences.



B.S. PSYCHOLOGY MAJOR RECOMMENDED SEQUENCE

FRESHMAN YEAR (9 HOURS IN MAJOR)

Fall Semester

- General Psychology
- 4 General Education Classes

Spring Semester

- Developmental Psychology through the Lifespan
- Careers in Psychology
- 3 General Education Classes

SOPHOMORE YEAR (12 HOURS IN MAJOR)

Fall Semester

- Social Psychology
- Statistical Methods (or Spring Semester)
- 3 General Education Classes

Spring Semester

- Learning & Cognition
- Physiological Psychology with Lab
- 3 General Education Classes

JUNIOR YEAR (14 HOURS IN MAJOR)

Fall Semester

- Research Design
- Psychology of Personality
- Psychology Elective
- 2 General Education Classes
- Psychology Practicum

Spring Semester

- Senior Thesis (if Grad School Bound)
- Abnormal Psychology
- Computer-Packaged Stats (if Grad School Bound)
- Psychology Practicum
- 2 General Education Courses

SENIOR YEAR (12 HOURS IN MAJOR)

Fall Semester

- 1 or 2 Psychology Electives
- 2 or 3 General Education Courses

Spring Semester

- History and Systems of Psychology
- Senior Colloquium
- Psychology Practicum
- 1 or 2 General Education Courses

AVAILABLE ELECTIVES

- Psychology of Human Flourishing
- Psychological Testing
- Industrial/Organizational Psychology
- Psychology of Religion
- Principles of Counseling
- Techniques of Counseling
- Special Studies in Psychology
- Directed Studies in Psychology
- Computer-Packaged Stats



GENERAL EDUCATION

General Education forms the foundation of every student's academic journey at SNU. As a Christian liberal arts university, we are committed to equipping students with the knowledge, values, and skills essential for their development as both thoughtful Christians and engaged community leaders. Our General Education curriculum is intentionally designed to be both comprehensive and flexible—allowing students to pursue their individual interests while ensuring they graduate prepared for lifelong learning, service, and growth.

The General Education program consists of approximately 51 credit hours that introduce and develop important skills such as the:

- Importance of thinking critically and solving problems
- Ability to communicate effectively
- Appreciation of human creativity
- Importance of science and technology in the 21st century
- Power of social responsibility in our community
- Awareness of global diversity
- Role of our Christian faith in daily life

Students take at least one foundational course and one upper-level windows course in each of these areas.

Central to SNU's mission is the engagement of students in transformational learning experiences designed to explore what it means to seek truth together with a Christ-centered community of scholars.

YEAR 1

- Composition I & Composition II
- Introduction to Speech
- A foundation course in Social Responsibility
- A foundation course in Science & Technology
- Christian Faith & Life

YEAR 2

- Modern World
- Aesthetics
- A foundation course in Critical Thinking & Problem Solving
- Old Testament or New Testament Literature & Life

YEAR 3

- A windows course in Social Responsibility
- A windows course in Effective Communication
- A windows course in Science & Technology
- A windows course in Critical Thinking & Problem Solving

YEAR 4

- A windows course in Global Perspectives
- A windows course in Artistic Expression
- Foundations of Christian Belief