



PRE- OCCUPATIONAL THERAPY

FOUR YEAR PLAN

SCHOOL OF KINESIOLOGY
SOUTHERN NAZARENE UNIVERSITY



PRE-OCCUPATIONAL THERAPY

ABOUT

The School of Kinesiology offers two pre-professional degrees for those seeking future careers as physical or occupational therapists. Each of these degrees will ensure students have completed all pre-requisite courses for graduate schools within Oklahoma and for most graduate schools in the country. These pre-requisites are complemented by courses rooted in kinesiology to provide students with a foundation in biomechanics, exercise physiology, neuroscience, and

the evaluation and treatment of orthopedic injuries and conditions. Students are also immersed in clinical internships to learn by experience in their respective fields. These clinical rotations allow students to experience a hands-on, real-life approach to the profession and aid in accruing necessary observation hours for graduate school applications. These programs are designed for students interested in health and wellness, movement/biomechanics, helping others, or rehabilitation across the lifespan as they prepare for a future in allied health professions.

DEGREE PLAN

***The courses listed are for this specific program and are in addition to the general education courses required for all students. See the General Education brochure or go to snu.edu/gen-ed for more information on those courses.*

01

Foundations of Occupational Therapy
Introduction to Biological Sciences
College Algebra
Low Extremity Injury Rec/Eval of the Phys Active
Up Extremity Injury Rec/Eval of the Phys Active

02

General Psychology
Teach/Perform Weight Training
Human Anatomy and Lab
Human Physiology and Lab
Terminology for Health Professions
Pre-OT Clinical Experience I
Pre-OT Clinical Experience II

03

General Chemistry I
Gen. Chemistry II or Adv. Biology course
Developmental Psych Across the Lifespan
Therapeutic Modalities
Statistical Methods
Therapeutic Physical Rehabilitation
Psychology of Personality

04

General Physics I
Biomechanics or Structural Kinesiology
Exercise Physiology
Internship I
Introduction to Neuroscience
Elective



"The Pre-OT program is amazing. Because of its smaller size I received a lot of individual time with professors. The faculty in the department invested in my success and in me as a person. I've enjoyed getting to know them over the four years I have been at SNU."

-Emily Wilson

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