

For nothing is impossible with God.  
Luke 1:37

What are your hopes/dreams?

What are your goals?

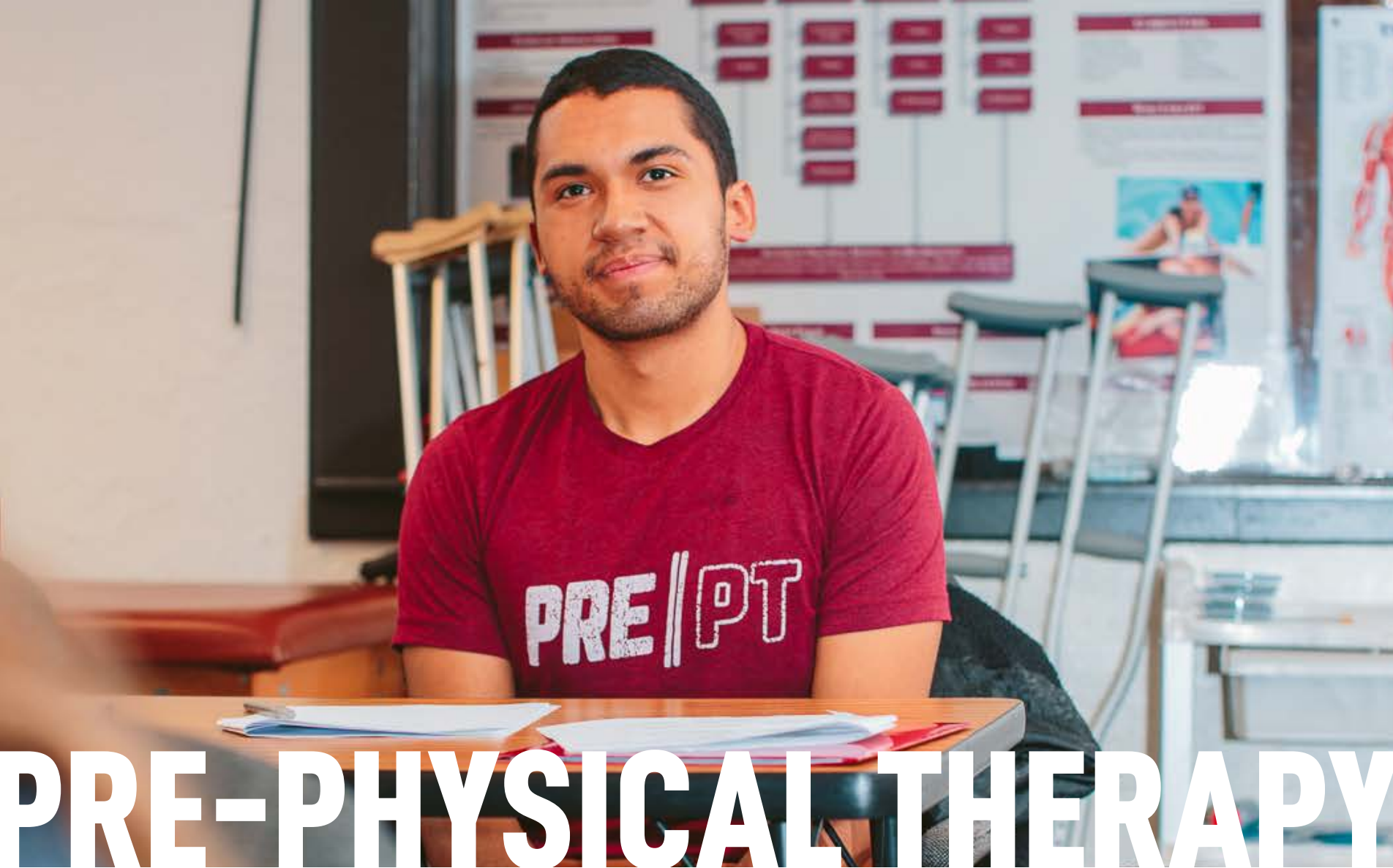
DON'T LET  
SMALL MINDS  
CONVINCE YOU  
THAT YOUR  
DREAMS ARE  
TOO BIG



# PRE-PHYSICAL THERAPY

FOUR YEAR PLAN

SCHOOL OF KINESIOLOGY  
SOUTHERN NAZARENE UNIVERSITY



# PRE-PHYSICAL THERAPY

## ABOUT

The School of Kinesiology offers two pre-professional degrees for those seeking future careers as physical or occupational therapists. Each of these degrees will ensure students have completed all pre-requisite courses for graduate schools within Oklahoma and for most graduate schools in the country. These pre-requisites are complemented by courses rooted in kinesiology to provide students with a foundation in biomechanics, exercise physiology, neuroscience, and

the evaluation and treatment of orthopedic injuries and conditions. Students are also immersed in clinical internships to learn by experience in their respective fields. These clinical rotations allow students to experience a hands-on, real-life approach to the profession and aid in accruing necessary observation hours for graduate school applications. These programs are designed for students interested in health and wellness, movement/biomechanics, helping others, or rehabilitation across the lifespan as they prepare for a future in allied health professions.

## DEGREE PLAN

\*\*The courses listed are for this specific program and are in addition to the general education courses required for all students. See the General Education brochure or go to [snu.edu/gen-ed](http://snu.edu/gen-ed) for more information on those courses.

01

Foundations of Physical Therapy  
Introduction to Biological Sciences  
College Algebra  
Low Extremity Injury Rec/Eval of the Phys Active  
Up Extremity Injury Rec/Eval of the Phys Active

02

General Psychology  
Teach/Perform Weight Training  
Human Anatomy and Lab  
Human Physiology and Lab  
Terminology for Health Professions  
Pre-PT Clinical Experience I  
Pre-PT Clinical Experience II

03

General Chemistry I  
Gen. Chemistry II or Adv. Biology course  
Developmental Psych Across the Lifespan  
Therapeutic Modalities  
Statistical Methods  
Therapeutic Physical Rehabilitation

04

General Physics I  
Physics II  
Biomechanics or Structural Kinesiology  
Exercise Physiology  
Internship I  
Introduction to Neuroscience



"The coursework at SNU was rigorous and challenging, so naturally, I was prepared for PT school in that way. More than that, I appreciated Dr. McElroy going out of her way to help me with the complex, intense application process. She took the time to do mock interviews with me, help me with internships, and put together my portfolio, all of which contributed to my getting accepted to PT school right out of undergrad. It also helped to prepare me for the next level of study."

-Jolian George

**PURPOSEFULLY DIFFERENT**  
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