



## Medical Release/History Long-Form for Off-Campus Travel

**Complete this form – scan the form – submit the form electronically to the Director of SIMS.**

### Participant’s Personal Information

Name (print) \_\_\_\_\_

Male or Female (circle one)    Date of Birth \_\_\_\_\_    Social Security # \_\_\_\_\_

Current Address \_\_\_\_\_    Primary Phone # \_\_\_\_\_

Primary Medical Insurance & Policy # \_\_\_\_\_    Phone # \_\_\_\_\_

Secondary Medical Insurance & Policy # \_\_\_\_\_    Phone # \_\_\_\_\_

Name of Parent, Guardian, or Spouse \_\_\_\_\_    Primary Phone # \_\_\_\_\_

Current Address \_\_\_\_\_    Work Phone # \_\_\_\_\_

### Medical Emergency Contact

Name (print) \_\_\_\_\_    Primary Phone # \_\_\_\_\_

Relationship: \_\_\_\_\_ Parent \_\_\_\_\_ Guardian \_\_\_\_\_ Spouse \_\_\_\_\_ Brother \_\_\_\_\_ Sister \_\_\_\_\_ Other (list) \_\_\_\_\_

### Participant’s Medical History

Answer each item – place in “X” in the appropriate box

	Yes	No		Yes	No		Yes	No
Asthma			Shortness of breath			Swollen/painful joints		
Epilepsy			Convulsions			Migraine headaches		
Diabetes			Mononucleosis			Menstrual disorders		
Heart trouble			Wear corrective lenses			Muscle/bone/joint disease		
Kidney trouble			Stomach/intestinal disorder			Nervous/mental disorder		
Thyroid condition			Loss of limb or digit			Dizziness/fainting spells		
Motion sickness			High/low blood pressure					

If you answered “yes” to any of the above, or if you have other medical conditions, provide details: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe allergies to any serum/medication, including the type of serum/medication and the nature of your reaction: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe any food allergies, including the type of food and the nature of your reaction: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you regularly take any over-the-counter or prescription medication, provide the name/dosage/frequency of use: \_\_\_\_\_

Describe any psychiatric or psychological problems (e.g., anorexia, bulimia, claustrophobia, depression, panic attacks, phobias, suicide attempts, etc.) or any other medical condition. Include dates and treatments: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Describe the type/nature/frequency of your physical exercise routine: \_\_\_\_\_

Date of last tetanus booster: \_\_\_\_\_ Date of last hepatitis A immunization or booster \_\_\_\_\_

Have you taken the series of 3 hepatitis B vaccinations? \_\_\_\_\_ Yes \_\_\_\_\_ No (If yes, give dates): \_\_\_\_\_

**Additional Health Needs**

State whether you will need any of the following. Provide details for anything marked "yes."

- To take allergy shots? \_\_\_\_\_ Yes \_\_\_\_\_ No (details: \_\_\_\_\_)
- To be seen by a physician regularly? \_\_\_\_\_ Yes \_\_\_\_\_ No (details: \_\_\_\_\_)
- To be helped with physical mobility? \_\_\_\_\_ Yes \_\_\_\_\_ No (details: \_\_\_\_\_)
- Psychiatric consultation or therapy? \_\_\_\_\_ Yes \_\_\_\_\_ No (details: \_\_\_\_\_)
- Follow-up care for any existing injuries or illnesses? \_\_\_\_\_ Yes \_\_\_\_\_ No (details: \_\_\_\_\_)

**Statement of Affirmation and Consent**

- I affirm that the information provided on this form is accurate and complete – if any information is inaccurate or incomplete, I release SNU from any liability and may be subject to disciplinary action by SNU.
- The information on this form may be used by SNU in an emergency situation – this form will remain on file and may be used for future trips, unless I notify the trip organizer/leader otherwise – it is my responsibility to update this form.
- I will submit a copy of my health insurance card with this form.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Legal Guardian Signature (if applicable) \_\_\_\_\_ Date \_\_\_\_\_

**Permission to Secure Medical Treatment (to be signed in the presence of a Notary Public)**

This section is **required** for (a) all non-domestic trips and (b) domestic trips that exceed 7 days – this section is **optional** for all other trips.

In the event that I am not able to make a medical treatment decision due to injury or illness, I, the participant, give permission to the below-named individual(s) to secure such treatment for me. In the case of a legal dependent, I, the legal guardian, give this same permission. Permissions extend from this date \_\_\_\_\_ until this date \_\_\_\_\_.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Legal Guardian Signature (if applicable) \_\_\_\_\_ Date \_\_\_\_\_

Individual's name (print) \_\_\_\_\_ Primary Phone # \_\_\_\_\_

Individual's name (print) \_\_\_\_\_ Primary Phone # \_\_\_\_\_

Individual's name (print) \_\_\_\_\_ Primary Phone # \_\_\_\_\_

**To be completed by the Notary Public**

State: \_\_\_\_\_ County: \_\_\_\_\_

Sworn to before me and subscribed in my presence this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Notary Public

Expiration Date